

**Maitrisetu : SRKI-
Psychological Counseling &
Guidance Cell
Glimpses of Activities from
2017-2019**

**CELL IN-CHARGE
DR. NEHAL D SHAH**

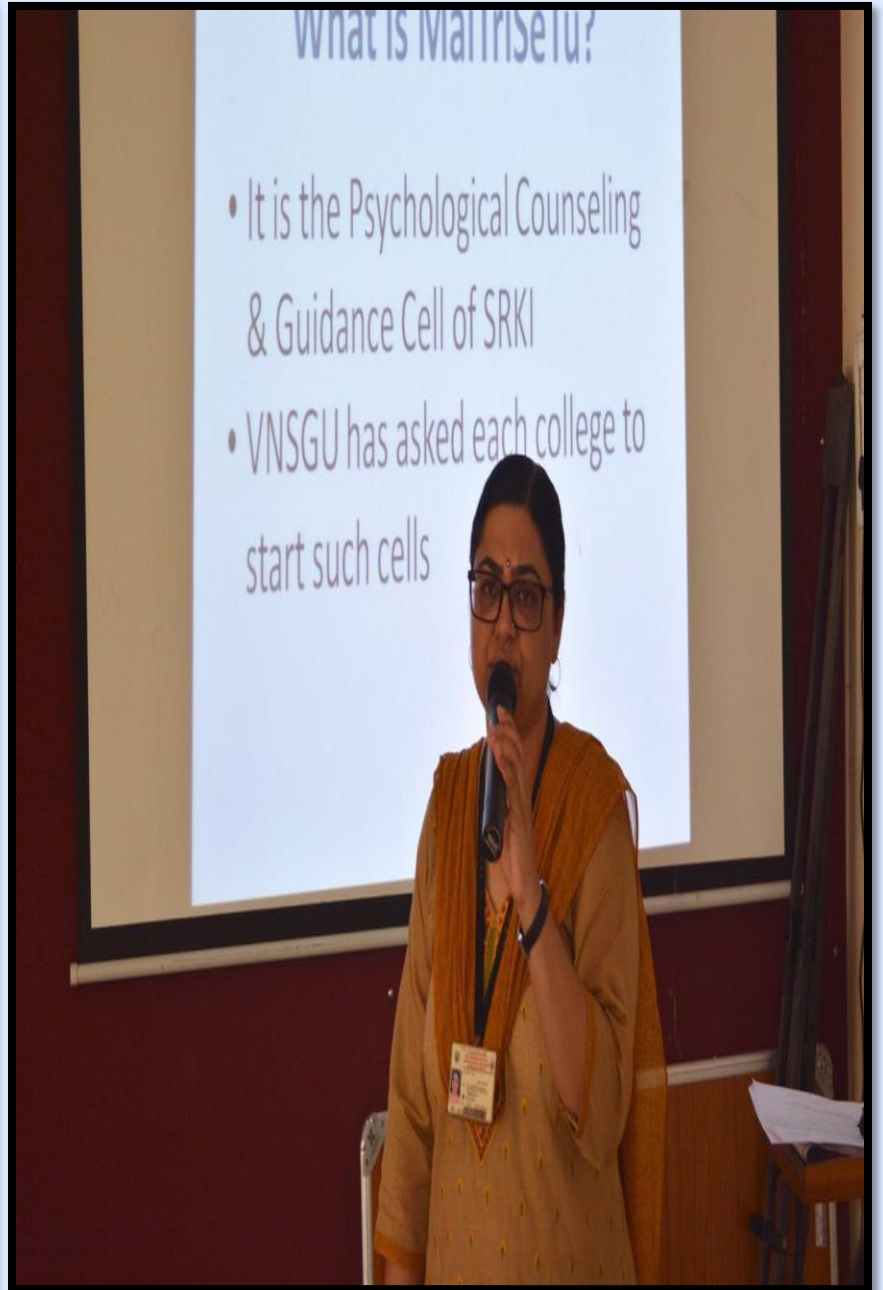
Orientation Program for Faculties of SRKI & Commemoration of Health Day with Guest Speaker Dr. Mukesh P. Jagiwala 04/06/2017





Faculty Orientation Program on Mental Health by Dr. Sudipta Roy, Psylens Counseling Center, Surat - 06/24/2017





Faculties took part in the orientation



Shaping Your First Steps
to Career' – Personality
Development Orientation
Program by Dr. Sudipta
Roy, Psylens Counseling
Center for Third Year
B.Sc. Students-
07/21/2017







Student Participants of the Program



Program on Stress
Management & Stress
Screening

by Dr. Murtuza Railwaywala,
Sparsh, Self Enrichment &
Research Center, Surat -
02/24/2018 for Students of
Biotechnology Department





Stress Management
Program & Stress
screening of Students of
Environment Department
by Dr. Nehal Shah,
Maitrisetu In-charge-
06/27/2018



Awareness Program on
Anxiety & Screening of
Anxiety in UG & PG
students of SRKI
22- 23/06/2019



Personal & Group Counseling on regular bases is provided by Dr. Nehal Shah
Many times students are also referred to Psychiatrist or Professional Psychologists / Counselors for their betterment

- Group Counseling Session of Sever Anxiety screened 45 students was undertaken by Dr. Nehal Shah – 06/29/2019
- No photographs taken as identity of students can't be disclosed.

YES Youth Empowerment
Program with Eshita Desai,
Art of Living for UG & PG
students

4-7-19 to 6-7-19













Guest lecture of Dr.
Mohandas Hegde on Harness
your youth power in
collaboration with
Heartfulness Meditation
Institute & Sir P. T. Sarv.
College of Science, Surat
08/05/2019



